

## Abstrak

Penelitian ini bertujuan untuk mengetahui hubungan antara perilaku prososial dengan *psychological well-being* pada siswa di SMP N 4 Salatiga. Jumlah partisipan dalam penelitian ini sebanyak 114 orang siswa dengan teknik pengambilan data menggunakan *convenience sampling*. Variabel perilaku prososial diukur dengan Skala *A New Scale for Measuring Prosocialness* yang dikemukakan oleh Caprara (2005) dan variabel *psychological well-being* diukur dengan Skala *RPWB (Ryff Psychological Well-Being)* yang dikembangkan oleh Ryff (1989). Data dianalisis menggunakan teknik korelasi *Product Moment Pearson*. Koefisien korelasi yang diperoleh sebesar  $r = 0,522$  dengan signifikansi sebesar 0,000 ( $p < 0,05$ ) sehingga dapat disimpulkan, ada hubungan positif dan signifikan antara perilaku prososial dengan *psychological well-being* pada siswa di SMP N 4 Salatiga. Makin tinggi *perilaku prososial*, maka makin tinggi *psychological well-being* dan makin rendah perilaku prososial, maka makin rendah *psychological well-being*.

**Kata Kunci :** *Psychological well-being*, perilaku prososial, remaja

## Abstract

*This study aims to determine the correlation between prosocial behavior and psychological well-being among students in SMP N 4 Salatiga. The number of participants in this study were 114 students with data collection technique using convenience sampling. Prosocial behavioral variable were measured by the Scale of A New Scale for Measuring Prosocialness proposed by Caprara (2005) and psychological well-being variable measured by Scale RPWB (Ryff Psychological Well-Being) developed by Ryff (1989). Data were analyzed using Product Moment Pearson correlation technique. The correlation coefficient obtained is  $r = 0,522$  with significance 0.000 ( $p < 0,05$ ) so it can be concluded that there is a positive and significant correlation between prosocial behavior and psychological well-being in students in SMP N 4 Salatiga. The higher the prosocial behavior, the higher the psychological well-being and the lower the prosocial behavior, the lower the psychological well-being.*

**Keywords:** *Psychological well-being, prosocial behavior, adolescence*